

**DEPARTMENT OF THE NAVY**

Commander, Navy Region Mid-Atlantic  
1510 Gilbert Street, Norfolk, VA 23511-2737  
Office: (757) 322-2853  
Fax: (757) 445-1953



Date:  Embark Type:  Service:

**FLEET WEEK NEW YORK '18 YOUTH GROUP NOMINATION FORM**

Full Name:  Parent/Guardian:

Preferred Name:  Cell Phone:

Home Address:

Gender:  DOB:  Citizenship:  Age:

Youth Group Organization:

Youth Group Address:

Email:

Biographical Info:  
(Biography may be attached)

Civic, professional,  
and other organizations:

Military Service:  
(Date / Rank / Rate)

Previous Embarks:  
(Date / Ship Name)

Medical/Food  
Restrictions:

Sponsor:  Sponsor's Tel.# :

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**HEALTH STATEMENT: I certify I am of sound health and able to withstand the physical rigors of embarking a U.S. Navy ship. I recognize that shipboard living is arduous, involving considerable walking and climbing many flights of stairs and understand it may be advisable for me to consult with my physician prior to accepting an embark invitation.**

Signature:

Please return to: (Physical Signature of Youth Group Member or Guardian)

Commander, Navy Region Mid-Atlantic  
(Attn: Code 00PA)  
1510 Gilbert Street, Norfolk, VA 23511-2737  
Fax: (757) 445-1953

**FOR OFFICIAL USE ONLY**



FOR MEDICAL/OFFICIAL USE ONLY
COMNAVREGMIDLANT
DISTINGUISHED VISITOR MEDICAL INFORMATION

Certain medical conditions are not compatible with a shipboard environment and may be beyond the capabilities of the Medical Department if medical intervention is required. The information requested below will help the Medical Department make recommendations to the ship's Commanding Officer concerning which medical conditions are compatible with embarkation aboard the aircraft carrier.

For safety reasons, those who require the use of crutches, canes or wheel chairs or have a medical condition that limits their ability to climb three flights of steps without assistance will not be authorized to embark aboard the ship.

Additionally, in accordance with current Navy directives, pregnant females are not eligible for embarkation.

You are required to bring all of your medications in sufficient quantities to cover your entire time aboard the ship.

Unfortunately, the Medical Department will only provide emergency medications.

Name: [ ] Age: [ ] DOB: [ ]

Current Medications & Dosage: [ ]

Do you wear a medical alert tag? [ ] YES [ ] NO Reason: [ ]

Drug Allergies: [ ]

- Asthma, Diabetes, Stroke, Ulcers, Pacemaker, Heart Disease, Hepatitis, Dizzy Spells, Cancer, Chest Pains, Shortness of Breath, Bleeding Problems, High Blood Pressure, Kidney Disease, Chronic Lung Disease, Recent Injury/Illness, Migraine Headaches, Seizure Disorders, Severe Motion Sickness

Please explain any of the items to which you have answered yes: [ ]

Have you had any other major medical conditions not listed above? If so, please explain: [ ]

CONSENT TO TREATMENT RELATING TO EMERGENCY MEDICAL/DENTAL CARE

I hereby grant my express, voluntary, and knowing consent to the rendering of all emergency medical or dental treatment that may, in the professional judgment of the Medical Officer or Dental Officer, become necessary while embarked aboard the aircraft carrier. Emergency care is the only type of care authorized. Guests with chronic or incipient medical problems should be aware of the limitations of extended care available afloat. Transportation to a definitive care facility may be required as an adjunct to authorized emergency medical or dental care. Personnel receiving medical or dental care who are not otherwise eligible to receive such care may be obligated to reimburse the U.S. Government.

Participant name: [ ] Participant signature: [ ] Date: [ ]

Parent/Guardian name: [ ] Parent/Guardian signature: [ ] Date: [ ]

THE AUTHORITY TO REQUEST THIS INFORMATION IS CONTAINED IN TITLE 10 OF THE UNITED STATES CODE.

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**PRIVACY ACT STATEMENT**

Authority to request this information is derived from 5 United States Code 301. Departmental Regulations. The principal purpose of the information requested is to enable competent authority to notify the next of kin in the event of death or serious injury prior to arrival at destination. Completion of the form is completely voluntary; failure to provide required information may result in deletion of passenger from the flight manifest. Document does not become a permanent art of your financial record.

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**PLEASE CHECK YOUR BAGGAGE. THE FOLLOWING ITEMS ARE PROHIBITED:**

INFLAMMABLES	EXPLOSIVES	PETS
LIGHTER FLUID	AMMUNITION	NARCOTICS
MATCHES	MAGNETRONS	RADIOACTIVES

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<b>NEXT OF KIN INFORMATION (Fill out completely)</b>		Date:	<input type="text"/>
Name (Last, First, Middle):	<input type="text"/>		
Rank or Rate:	<input type="text"/>	Branch of Service:	<input type="text"/>
Next of Kin (Full Name):	<input type="text"/>	Relationship:	<input type="text"/>
NOK Address:	<input type="text"/>	NOK Phone:	<input type="text"/>

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**FOR YOUTH GROUP PARTICIPANTS: (Parent or guardian must sign below)**

I am the parent or legal guardian of , and I hereby consent to his/her participation. I have read these provisions and agree on behalf of myself and the participant to its terms.

Parent/Guardian name:

Parent/Guardian signature:

Date:

**FOR OFFICIAL USE ONLY**

## **GUEST INFORMATION SHEET**

**BACKGROUND:** Embarkations are instrumental in increasing public awareness of the Navy and its missions, and are conducted within the framework of regularly scheduled operations. Examples of embarkation include, but are not limited to, civilian orientation groups, community service clubs, civic groups, the Navy League, trade and professional associations, and authorized youth groups such as the National Scouting Program, Naval Junior Reserve Officer Training Corps and Naval Sea Cadet Corps. All guest visits authorized are on an unclassified basis. Space aboard all naval vessels is limited and regardless of how safety conscious a command may be, there is always an element of risk, particularly to young children; therefore, embarkation of children under age 15 is prohibited.

**SCHEDULING:** Our ship schedules are always subject to change on short notice and plans may be changed or canceled. In the event this occurs, we will let you know immediately to avoid any inconvenience to you. Also, if you learn that you cannot join us for a visit as planned, please let us know as soon as possible so we may offer this opportunity to someone else. If you must cancel your trip for any reason, we will place you on our list for a future visit. For those embarking in Norfolk, VA, please arrive the night before embark.

**EXPENSES:** **Overnight guests are responsible for covering travel expenses.** Guests will be asked to cover the cost of meals and incidentals. Cash or check will be acceptable.

**CREDIT CARDS ARE NOT ACCEPTED.**

**CLOTHING AND PERSONAL ITEMS:** Aboard ship, dress casually for a working environment. Bring wash-and-wear slacks, sport shirts and windbreakers or sweaters for wear in the evening. Please **NO SKIRTS or SHORTS.**

You will find that comfortable shoes are a must for standing and walking on steel deck plating – flat, soft-soled shoes are recommended and tennis or running shoes are ideal. Please **NO HIGH HEELS, OPEN-TOE SHOES OR SANDALS.** On the next page, please find a checklist of allowable items.

**BAGGAGE:** Please limit luggage to one carry-on sized bag.

**CAMERAS:** There will be opportunities for photos and guests will certainly want to take pictures to share the experience with friends and family. Bring lots of film/SD cards and batteries. Video cameras are also allowed. Use a protective carrying case for equipment and it will have to be stowed with your luggage if flying to the ship. The ship escort will always advise guests in advance of the few areas where photography might be restricted.

**MEDICAL:** Shipboard life is arduous and guests will be doing considerable walking, including many flights of stairs. Be sure you are in the best possible health for your visit. A check-up by your physician would be wise. Remember to bring eyeglasses. Bring any medications you take with you. In an emergency, medical and dental treatment is available aboard ship or at shore stations. **Please advise us of any special medical condition you may have so we can take into consideration.** Warships and Navy aircraft present certain dangers inherent to shipboard life, and your personal safety is important to us. It is vitally important to be alert and cautious at all times.

**SLEEP:** Please expect a busy schedule while you are aboard the ship. We strongly recommend you **GET A FULL NIGHT OF SLEEP,** and make sure you are in the best of health before you arrive at the ship.

**ALCOHOL:** Unlike the British Navy, our ships are “dry.” Alcohol is **NOT** permitted aboard and will be confiscated.

**IN CASE OF EMERGENCY:** In the event of an emergency at home, please contact the CNRMA Public Affairs Office at (757) 322-2853.

# **Guest Check List:**

## **Required Items:**

- Casual Clothing (slacks/pants)
- Long-sleeved shirt or jacket
- Comfortable** Tennis Shoes or Work Boots (NO High Heels)
- Robe/Towels
- Shower Shoes
- Toiletries/linens/sleeping bag
- Medicine
- Cash for meals (Specific amount needed will be addressed closer to the embark date)

## **Optional Items:**

- Camera/Film
- Video Camera
- Batteries
- Alarm Clock
- Sunglasses

## **PROHIBITED ITEMS ON MILITARY SHIPS:**

**Materials:** Banners, posters or signs; defensive sprays or chemicals (including mace or pepper spray); weapons or contraband; illegal drugs or paraphernalia; flammable liquids or aerosol cans.

**Clothing:** Open-toed shoes; shorts/skirts.

## **DIRECTIONS TO NAVAL STATION NORFOLK TOUR AND INFORMATION OFFICE:**

### **From the highway:**

1. Take I-64 (East/West) to I-564
2. Pass off-ramp for Terminal Blvd.
3. Pass off-ramp for Gate 3A
4. I-564 turns into Admiral Taussig Blvd.
5. Pass the Navy Exchange on left.
6. Turn left onto Hampton Blvd. at the last lighted intersection in front of Gates 1 and 2.
7. Turn right into Tour and Information Office just before next lighted intersection at Gate 5.

### **From Norfolk:**

1. Drive northbound on Hampton Blvd.
2. Pass Gate 5 on the left while continuing through lighted intersection.
3. Make a U-turn and the Tour and Information Office will be immediately on the right before Gate 5.