U.S. NAVAL SEA CADET CORPS U.S. NAVY LEAGUE CADET CORPS

RECORD OF SWIM QUALIFICATION

INSTRUCTIONS													
 The criteria listed meets U.S. Navy basic swim qualification standards. Use this form to evaluate all NSCC/NLCC personnel. Make an appropriate entry in the Administrative Remarks (NSCADM 008) stating assessment level and retain original in unit files or service jacket. Submit a copy to the COTC when proof of Swim Qualification is required to attend Advanced Training. 													
1. MEMBER INFORMATION													
1a. Last Name						1b. First Name					1c. MI		1d. Rate
1e. Unit Name							1f. Drill Location						
1g. Location of Assessment													
2. SWIM SKILL ASSESSMENT													
SHALLOW W. 15 YARDS IN CHES	DEEP WATER SWIM 15 YARDS IN WATER OVER HEAD				TREAD WATER FOR ONE MINUTE			PRONE FLOAT FOR ONE MINUTE					
☐ Yes	☐ Yes ☐ No				☐ Yes ☐ No			□ Y			Yes □ No		
If all skills are mastered continue to Section 3. If not, skip to Section 6.													
3. THIRD CLASS SWIMMER ASSESMENT													
DEEP WATER JUMP FROM A MINIMUM			50 YARD SWIM DEMONSTRATE THE FOLLOWING						PRONE FLOA			WATER SURVIVAL SHIRT AND	
HEIGHT		FRONT	FRONT CRAWL E		TROKE	E BACK STROKE				FIVE MINUTES		TROUSER INFLATION	
☐ Yes ☐ No ☐ Yes			□ No □ Yes □		□No	Ĺ	Yes □ No	☐ Yes ☐ No	I	☐ Yes ☐ No		o Yes 🗆 No	
If all skills are mastered continue to Section 4. If not, skip to Section 6.													
4. SECOND CLASS	SWIMME												
100 YARD SWIM DEMONSTRATE THE FOLLOWING									PRONE FLOAT			DACK FLOAT	
FRONT CRAWL 25 YARDS			BACK STROKE 25 YARDS		ELEMENTARY BACK STROKE 25 YARDS		FIVE M						
☐ Yes ☐ No	☐ Yes ☐ No		☐ Yes ☐ No		☐ Yes ☐ No		☐ Ye	☐ Yes ☐		□ No			
If all skills are mastered continue to Section 5. If not, skip to Section 6.													
5. FIRST CLASS SWIMMER ASSESMENT													
100 YARD SWIM DEMONSTRATE THE FOLLOWING USING STRICTER CRITERIA THAN SECTION 4 PRONE FLOAT FLOAT									25 YARD				
FRONT CRAWL 25 YARDS			BACK STROKE 25 YARDS		ELEMENTARY BACK STROKE 25 YARDS		FIVE MINUTES	FIVE MINUTES		UNDERWATER SWIM DEMONSTRATE BURNING OIL MANEUVER (TWICE)			
☐ Yes ☐ No	☐ Yes ☐ No		☐ Yes ☐ No		☐ Yes I		□ No	☐ Yes ☐ No	☐ Ye	s 🏻 No	☐ Yes ☐		□ No
		If all sk	ills are	mastere	d conti	inue to	Section 6	. If not, skip	to Sec	ction 6	-		
6. CERTIFICATION													
"The above listed individual has been assessed and is certified at the following swim qualification level"													
☐ Basic Swimmer				Swimmer		☐ Seco	ond Class Swimme		☐ First Class Swimmer				
6a. Full Name and R	ridual (Print	of Type)	6b. 9	Signature	of Certifying Inc	vidual			60	6c. Date (DD MMM YY)			